

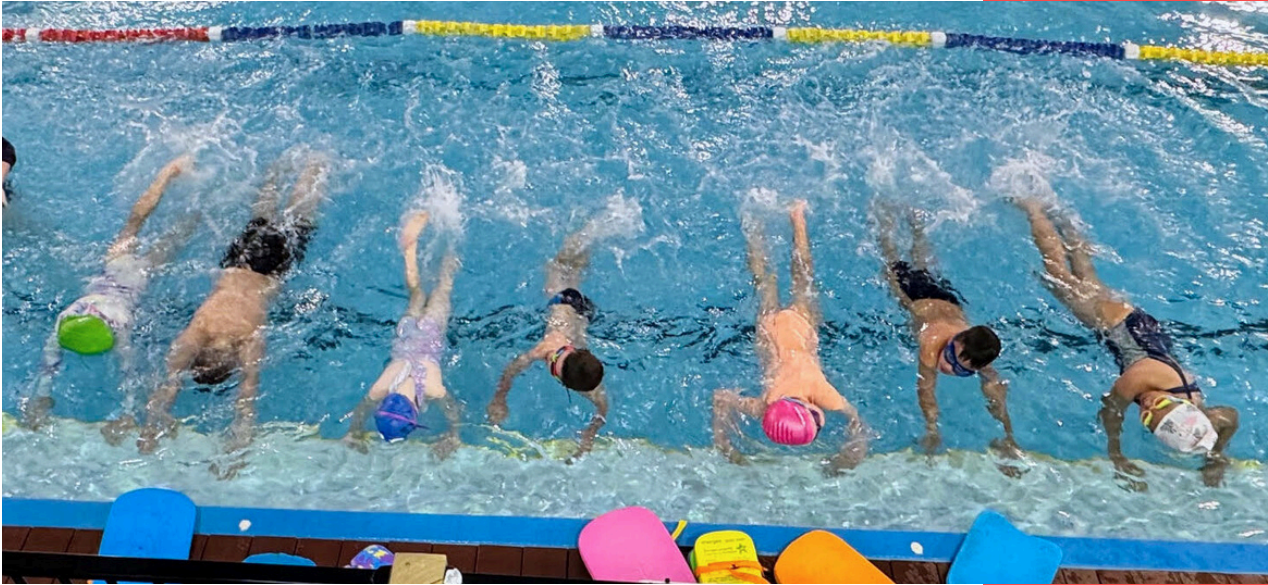


SEPTEMBER NEWSLETTER

JUST LIKE FISH SWIM SCHOOL

September 2025

Issue #25



Making a Splash: Fun Australian Swim Facts for Kids

Swimming is more than just splashing around in the pool – it's a big part of Australian life! At Just Like Fish Swim School, we love teaching children how to be safe and confident in the water. To make lessons even more fun, here are some cool Australian swim facts you might not know:

Australia Loves the Water

– Did you know that over 85% of Australians live within 50 km of the coast? That's why learning to swim is so important – we're surrounded by beaches, rivers, and pools!

The First Swimming Club in the World

– Australia is home to the world's oldest swimming club, the Bondi Icebergs, which started in 1929. It's still going strong today with swimmers who train in the chilly ocean pool at Bondi Beach.

Olympic Champions

– Australia is famous for swimming superstars like Ian Thorpe, Emma McKeon, and Ariarne Titmus. In fact, swimming is Australia's most successful Olympic sport – we've won more gold medals in swimming than in any other sport.


Safety First

– Swimming lessons aren't just fun – they're life-saving. Research shows that swimming lessons can reduce the risk of drowning in young children by up to 88%. That's why we're so passionate about starting early.

A World Record Splash

– In 2018, Aussies set a world record for the largest swimming lesson, with more than 1,000 kids joining in to learn water safety together.

At Just Like Fish Swim School, we're proud to be part of Australia's rich swimming tradition. Every lesson helps children build skills, confidence, and a love for the water – who knows, the next Olympic champion could be swimming in our pool today!

 Let's keep making a splash together – one lesson at a time.

NO HAPPY NAPPY, NO SWIM

For a safe and clean swimming experience, **all children who need a nappy must wear a Happy Nappy in the pool.** Regular nappies aren't suitable as they can leak and cause hygiene issues.

Happy Nappies are designed to prevent accidents and keep our pool environment hygienic. They're available for purchase at Just Like Fish Reception.



Follow and like us on our social media accounts, and leave a review on our Google page.

www.facebook.com/justlikefish
www.instagram.com/justlikefish/
<https://bit.ly/JLFGoogleReview>

SEPTEMBER SWIMMERS OF THE MONTH

INFANTS SUPER SWIMMER



Mason Greenwood

Mason loves coming to Just Like Fish because he loves the teachers and splashing with other babies. His favorite thing is going under the water during lessons.

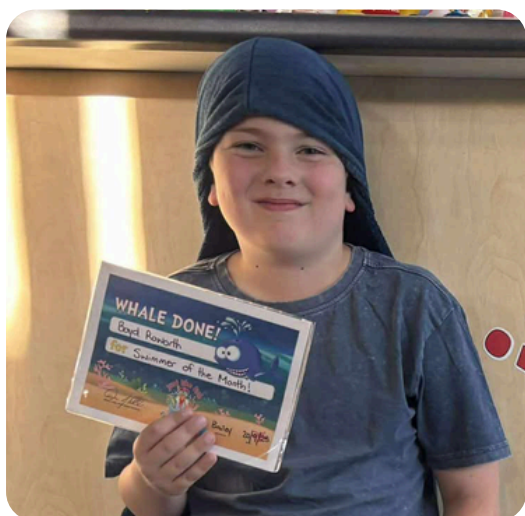
SURVIVAL SWIMMER



Billy Burns

Billy's favourite thing to do at swimming are his safety jumps. He has worked really hard to move up a level and is super excited to start swimming with his brother again.

STROKE SUPER SWIMMER



Boyd Roworth

Boyd loves swimming because it helps him learn and he wants to learn more. He can swim at the beach and pool and he can jump off the boat.

SQUAD SWIMMER



Saxon Kelly

Saxon loves swimming hard to achieve his goals. His favourite stroke is backstroke. He has been swimming at JLF all his life and wants to work there one day.



Free Baby Swim

The best time to start? From 3 months old – and the sooner, the better! ❤️ Give your little one a head start with our FREE 4-week swim course designed for babies 3 months – 11 months.





Spots are available! ✨ So, if you know someone—whether it's a friend, family member, or acquaintance with an infant –let them know so they can join in the fun. Don't let them miss out on this wonderful opportunity!


AVAILABLE FOR INFANTS FROM 3 MONTHS TO 11 MONTHS

How to advise via the Simplyportal that you are not attending a lesson

Before you can book a make-up class, you'll need to log your child's absence in the portal so the system can issue a make-up credit.

Here's how:

-  Log in to your Simplyportal
-  Click on the student's name
-  Find the class your child will miss and click "Not Attending"
-  Once submitted, the system will allocate a make-up credit to your account

 Logging the absence ahead of time is required to make a make-up class available.

Swim School Closure – October Long Weekend

Our swim school will be closed on Monday, 6th October for the October Long Weekend public holiday.

We hope you enjoy the long weekend with your family and friends – a perfect chance to relax, recharge, and have some fun! ✨

If your child's lesson falls in the Monday public holiday, you will not be charged.

Regular classes will resume on Tuesday, 7th October. We can't wait to see everyone back in the pool, refreshed and ready for another exciting week of swimming! ❤️



Get Ready to be a Swim Champ at JLF Swim School

With the recent success of the Australian Swim Team people often ask where it started and the basic answer is Race Nights at Swim Club.

At JLF Swim School, we want to be giving back to the sport of swimming along with saving lives. One of the best ways to do this is by introducing children within our program to a swim club environment to grow the sport through fun, and camaraderie of Swim Club.

Damon and several of our instructors have all come through the swim club environment and know the benefits it gives children of all ages and levels. Our aim is to introduce competition to children in a fun and friendly way for them to grow further as both people and swimmers.

Why do Swim Club with Hunter Valley All Stars?

- Coaches are there to assist and give immediate feedback;
- Great individual sport healthy fun challenging;
- Adjust our program to suit their needs;
- Improved self confidence;
- Low Cost - \$80 per season;
- Family type environment;
- Only available to swimmers within our program; &
- Improved results at School Carnivals.

Swim Race nights caters to swimmers from 3 years old and above and includes bubble races, and various strokes and caters to all levels of swimmers. There is no restriction to any child based on their ability and is a further way for our swimmers to monitor their improvement. It also helps to prepare them for things such as school carnivals and is the starting point for furthering your child's journey in the sport of swimming.

The Swim club is every Friday night during the school term and the start time will be 6:45 PM and will commence Friday 17th October.

To find out whether this is appropriate for your child, further please speak to Mack or Damon.

Information sheets will be available from 10th September at JLF Front desk on how to join etc.

Welcome back to some of our families who've been away during the winter sports season – we hope you had a great time and plenty of success along the way. It's wonderful to see you back in the pool as we head into what promises to be a big summer ahead.

A very warm welcome also to our new families and our new baby swimmers starting this month. We're thrilled to have you with us and we hope you enjoy every moment of your swimming journey. Please don't hesitate to share your feedback – it's always appreciated.

We're also excited to re launch Swim Club this month all ready for the upcoming season . This program is a fantastic step for children who are keen to pursue a potential swimming career, and it's also a great way to build confidence and skills in preparation for school swimming carnivals. With some carnivals starting as early as December, please let your instructor know a few weeks in advance if your child has an upcoming event – that way, we can help them be as prepared as possible.

It's shaping up to be a fun and rewarding season, and we can't wait to see all the progress, achievements, and enjoyment both in and out of the pool.

Have a wonderful month, and we'll see you at the pool.

Damon



DAMON RODD

MANAGING DIRECTOR
JUST LIKE FISH