

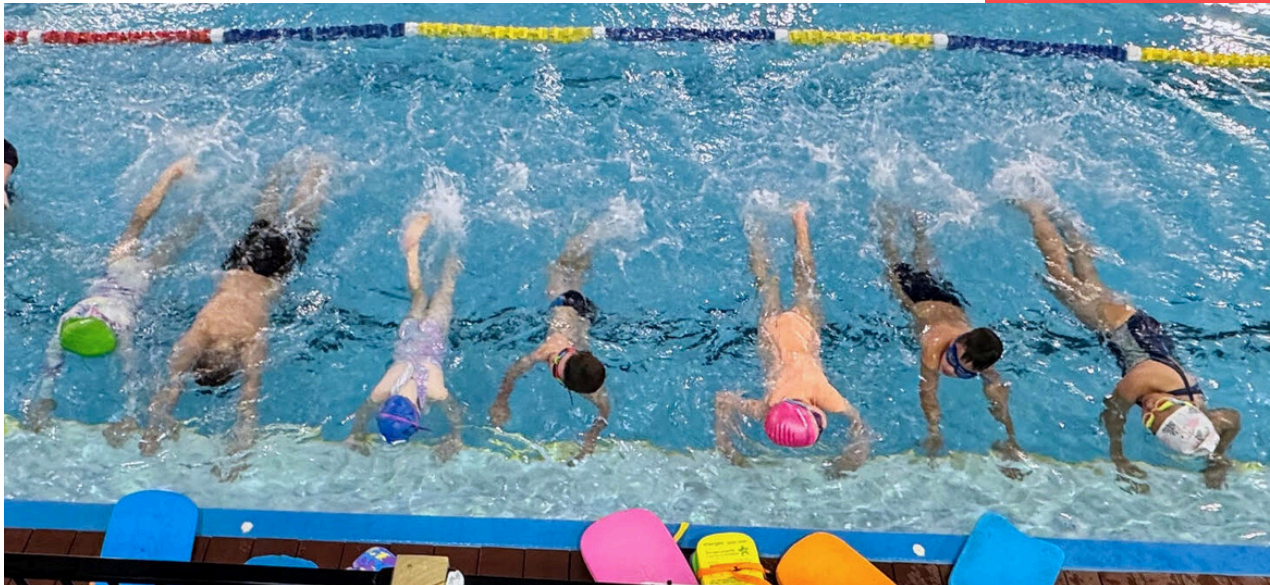


NOVEMBER NEWSLETTER

JUST LIKE FISH SWIM SCHOOL

November 2025

Issue #27



2026 JANUARY SCHOOL HOLIDAY SWIMMING INTENSIVES

Looking for a fun and productive activity these holidays?

Join us for 5 days of swimming lessons with our incredible instructors! 🐟

Our January Intensives are a fantastic way to fast-track progress and build confidence in the water with daily practice.

- ✓ Open to all levels — from Starfish 1 through to Dolphins
- ✓ Cost: \$75 per week for JLF members, \$85 per week for non-members
- ✓ A great opportunity to boost swimming skills in a short, focused program
- ✓ Dates: 12th to 16th January 2026
- ✓ Times: Every morning from 7:30 AM – 9:00 AM (30-minute lessons)
- ✓ Payment taken on booking

With consistent lessons over five days, students often see noticeable improvement in technique, confidence, and water safety awareness.

🔔 Spots are limited — secure yours today by visiting reception.

NO HAPPY NAPPY, NO SWIM

For a safe and clean swimming experience, **all children who need a nappy must wear a Happy Nappy in the pool.** Regular nappies aren't suitable as they can leak and cause hygiene issues.

Happy Nappies are designed to prevent accidents and keep our pool environment hygienic. They're available for purchase at Just Like Fish Reception.

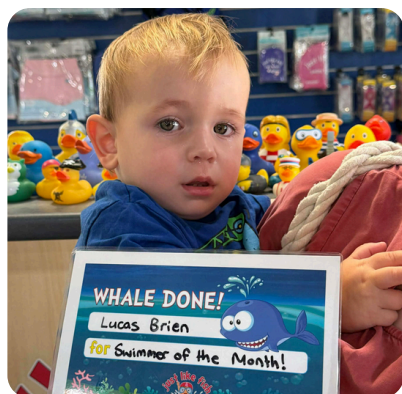


Follow and like us on our social media accounts, and leave a review on our Google page.

www.facebook.com/justlikefish
www.instagram.com/justlikefish/
<https://bit.ly/JLFGoogleReview>

NOVEMBER SWIMMERS OF THE MONTH

INFANTS SUPER SWIMMER



Lucas Brien

Lucas loved using toys during his lessons and has improved so much from consistently showing up to his lessons

SURVIVAL SWIMMER



Jack Walsh

Jack loves his teacher Rachelle and doing his big jumps and splashy toes. He's worked very hard to move up into his new level

SURVIVAL SWIMMER



Fletcher Gardiner

Fletcher loves swimming because it's fun and he loves coming to JLF because he can swim and loves Layton his teacher. His favourite thing to do in lessons is the Rocket.

STROKE SUPER SWIMMER



Oliver Williams

Oliver's favorite stroke is backstroke and he just loves swimming so much!

SQUAD SWIMMER



Sadie Schumack

Sadie loves swimming because it's fun and she loves competing and training. She loves to swim at JLF as it helps her get faster and she is improving her technique. Her favourite stroke is Freestyle as it's easy to improve on and she is getting much faster!

Christmas Closure Dates



**LAST DAY OF LESSONS:
SATURDAY 20TH DECEMBER 2025**

**CLOSED:
SUNDAY 21ST DEC TO SUNDAY 4TH JANUARY 2026**

**LESSONS RECOMMENCE FOR 2026:
MONDAY 5TH JANUARY 2026**

Important Fee Information:

- Fees are not charged during the closed period.
- If your child is away before or after the closed dates, please mark these lessons as make-ups.
- Please ensure all fees are up to date at the end of the year.

Note: We thank you for your business with us in 2025 and look forward to seeing you back in the pool in 2026!

Swimwear Visibility in Pool and Ocean Water: Safety Matters

When choosing swimwear, most people focus on **style, comfort, and fit** – but there’s another factor that’s just as important: **visibility**.

Here in **New South Wales**, our families spend plenty of time in the **pool and at the beach**, so choosing swimwear that stands out in the water is a simple but powerful way to help keep everyone safe.

Bright, neon colours – like fluorescent orange, pink, green, and yellow – are the most visible in a wide range of water conditions. These colours stay easy to spot, whether you’re swimming in clear pool water or the surf on a cloudy day.

In contrast, blues, greens, and pastel shades can blend into the water, making swimmers much harder to see. At JLF Swim School, we believe the best swimwear strikes the perfect balance between safety, comfort, and style. So, next time you’re choosing a swimsuit, think beyond looks – and pick colours that help keep you and your family visible and safe in every splash.







2026 School Carnival Bootcamp

Get your kids race-ready and confident for the school carnival!

 19–23 January 2026

 7:15am – 8:00am daily

 \$75/week (JLF members) | \$85/week (non-members)

 Payment required at time of booking

Spots will fill fast – **secure your place today!** 💪🔥

Email enquiries@justlikefish.com.au or see our Team on reception! 🏊🌟

Swim Club Update

What an incredible month for the Hunter Valley All-Stars Swim Club! We've now hit record numbers, with over 50 swimmers participating and taking their skills to the next level. It's fantastic to see our swimmers putting into practice everything they're learning through the Just Like Fish Swim School – the improvement in technique, confidence, and race skills is evident across every lane.

We're now moving into the more competitive part of the season, with Coast & Valley Championships at Lambton Pool just around the corner. Even more exciting, several of our swimmers are preparing to compete in their first-ever swim carnival at the Beresfield Development Meet in early December. This is a huge milestone, and we're incredibly proud of each swimmer stepping up to the blocks for the first time.

We wish all our athletes the very best as they head into these upcoming events, and we look forward to bringing you all the results and highlights in our December newsletter.

A big thanks to Mack, the committee and you the parents for your continued support to make this all work for our swimmers

Thanks everyone, and go All-Stars! 🌟🏊



DAMON RODD

MANAGING DIRECTOR
JUST LIKE FISH

A huge thank you to everyone for your continued support throughout November. It's been another fantastic month at Just Like Fish, with great results happening right across the pool. From our learn-to-swim kids through to our squad swimmers, the progress we're seeing is flowing beautifully into our Swim Club and competitive team. The energy, effort, and commitment from our swimmers, families, and coaching staff is truly showing. 💙

A special shout-out to our new baby swimmers and all those within our infant program. The results coming out of this area have been absolutely outstanding. It's wonderful to see parents and little ones working together to build those essential early-water skills, laying a great foundation for swimming enjoyment as well as strong future technique. These early moments make the transition into an aquatic lifestyle easy, fun, and confidence-building. 🐣🏊

As we head into the festive season, we want to thank everyone again for being part of the Just Like Fish community. Enjoy the lead-up to Christmas, stay safe around the water, and we look forward to seeing you poolside soon! 🎄🏊

Thanks everyone! 🙌

Just Like Fish Swim School

is committed to implementing the Child Safe Standards.



STANDARD 1

Child safety is embedded in organisational leadership, governance and culture



STANDARD 3

Families and communities are informed and involved



STANDARD 2

Children participate in decisions affecting them and are taken seriously

STANDARD 4

Equity is upheld and diverse needs are taken into account



STANDARD 5

People working with children are suitable and supported



STANDARD 6

Processes to respond to complaints of child abuse are child focused



STANDARD 7

Staff are equipped with the knowledge, skills and awareness to keep children safe through continual education and training



STANDARD 8

Physical and online environments minimise the opportunity for abuse to occur



STANDARD 9

Implementation of the Child Safe Standards is continuously reviewed and improved



STANDARD 10

Policies and procedures document how the organisation is child safe

For more information on the Child Safe Standards visit www.ocg.nsw.gov.au



Office of the Children's Guardian