

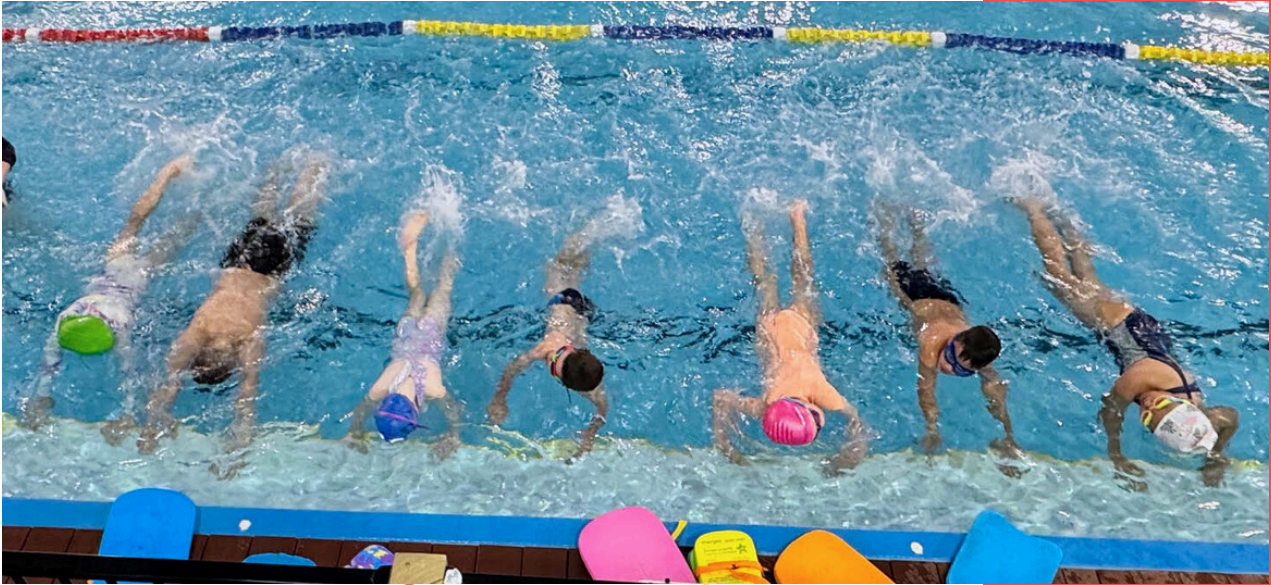


JANUARY NEWSLETTER

JUST LIKE FISH SWIM SCHOOL

January 2026

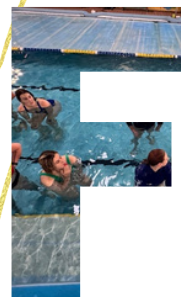
Issue #29



Welcome to a Splash-Filled 2026

We hope 2026 brings you joy, laughter, and plenty of splash-filled adventures! Thank you for being part of our swim family – we can't wait to see all our swimmers back in the pool in 2026.

Here's to a fantastic year ahead!    



NO HAPPY NAPPY, NO SWIM

For a safe and clean swimming experience, **all children who need a nappy must wear a Happy Nappy in the pool.** Regular nappies aren't suitable as they can leak and cause hygiene issues.

Happy Nappies are designed to prevent accidents and keep our pool environment hygienic. They're available for purchase at Just Like Fish Reception.



Follow and like us on our social media accounts, and leave a review on our Google page.

www.facebook.com/justlikefish
www.instagram.com/justlikefish/
<https://bit.ly/JLFGoogleReview>

JANUARY SWIMMERS OF THE MONTH

INFANTS SUPER SWIMMER



Gabriella Druce

For being consistent, improving so much and also the happiest baby. Mum said that we love swimming, seeing our friends in the pool and Gabriella loves Sarah as her teacher.

SURVIVAL SWIMMER



Eleanor Sharp

Eleanor has been swimming really well, her kick has gotten a lot stronger since the start of the year.

STROKE SUPER SWIMMER



Liam Reynolds

Liam loves to swim because it's fun and he loves coming to JLF because he is learning to swim properly. His favourite stroke is backstroke.

SQUAD SWIMMER



Henry Bryant

Henry loves swimming because it helps make him stronger, and when he's older it will help him be strong for Rugby Union. He loves JLF because everyone is kind and always helps each other out. His favourite stroke is Butterfly!



Free Baby Swim

The best time to start? From 3 months old – and the sooner, the better! 💙 Give your little one a head start with our FREE 4-week swim course designed for babies 3 months – 11 months.

Spots are available! ✨ So, if you know someone—whether it's a friend, family member, or acquaintance with an infant –let them know so they can join in the fun. Don't let them miss out on this wonderful opportunity!

AVAILABLE FOR INFANTS FROM 3 MONTHS TO 11 MONTHS

Swim Teacher Training Day at Just Like Fish Swim School! 🐟🏊

Swim Teacher Training Day at Just Like Fish Swim School! 🐟🏊

On Sunday, 11th January, all our amazing swim teachers from Just Like Fish and Fins came together for a full-day staff training session.

We covered most levels, learning new skills, techniques, and best practices to ensure our lessons are safe, engaging, and of the highest standard for all our swimmers and families. 💧

Here's to a fantastic year of learning, growth, and splashing fun! 🐟





Swim Club Update

It's been great to see our Hunter Valley All-Stars back in action throughout January, with some of our swimmers competing at the Charlestown Carnival, while others travelled to Sydney for race opportunities.

There were some fantastic performances across both venues. The Charlestown meet turned out to be one of the coldest days of January, so while the times may not fully reflect the swimmers' ability, the experience was invaluable. Most importantly, the kids had a great time, raced well, and took away plenty of learning to build on moving forward.

Swim Club resumes on Friday, 7 February, and it will be great to have everyone back in the water, sharpening skills and continuing their development as we gear up for school carnivals and a busy competition period.

February is shaping up to be a big month, with several meets coming up, including the Country Championships, where we're proud to have Charlotte Kelly, Evie Granger, and Savvi McPherson representing Hunter Valley All-Stars.

We're looking forward to an exciting few months ahead and seeing our swimmers continue to grow both in and out of the pool. ❤️



School Carnival Results

School carnival season ramps up next week with most of the kids going back to school on Monday.

We love to hear the results and how much the kids went. If they want to bring their medals and ribbons in, want to take photos and put up their photos on the front wall, which is going to be our champions wall for the month. Anyone who is a school age champion or achieved anything at all, we'd really like to know.

Please let us know when your zone or regional carnivals are as we will send along a coach to help you out and cheer you on!

Happy New Year and welcome back !!

We are looking forward to another great year.

A big thank you to those people who attended our intensives and School Carnival Bootcamp. The interest was way bigger than we expected as were the results.

As our older swimmers get ready to go back to school its going to be super busy with School Carnivals happening and if you need any help with encouragement or what to please let our teachers or instructors know. The other thing is to let our team know your child's results so we can celebrate with them. That can range from them having a go to making 50m for the first time, winning a ribbon or becoming age champion all are big achievements. We Love this time of year so we can see all of the swimmers' hard work pay off.

It's also busy with more FREE baby swim classes added for the month of February. It is a FREE introductory program for bubs 3-10 months of age to give them a great start in life and answer many of the questions New Parents have around swimming and swimming lessons.

A reminder that you now receive video feedback when your child is moving levels or if your child has been in the same level for 9 months or more. **Please check your Spam** as it can end up there sometimes.

Welcome back everybody

Damon



DAMON RODD

MANAGING DIRECTOR
JUST LIKE FISH

Just Like Fish Swim School

is committed to implementing the Child Safe Standards.



STANDARD 1

Child safety is embedded in organisational leadership, governance and culture



STANDARD 3

Families and communities are informed and involved



STANDARD 2

Children participate in decisions affecting them and are taken seriously

STANDARD 4

Equity is upheld and diverse needs are taken into account



STANDARD 5

People working with children are suitable and supported



STANDARD 6

Processes to respond to complaints of child abuse are child focused



STANDARD 7

Staff are equipped with the knowledge, skills and awareness to keep children safe through continual education and training



STANDARD 8

Physical and online environments minimise the opportunity for abuse to occur



STANDARD 9

Implementation of the Child Safe Standards is continuously reviewed and improved



STANDARD 10

Policies and procedures document how the organisation is child safe

For more information on the Child Safe Standards visit www.ocg.nsw.gov.au



Office of the Children's Guardian